



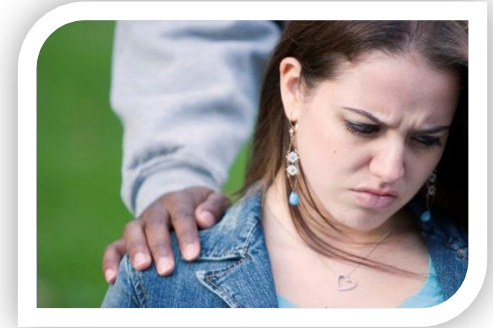
**Iowa's Health Improvement Plan 2012-2016**  
**2015 Revisions**

*Mental Health and Mental Disorders*

# Mental Health and Mental Disorders

## What Critical Needs Are Included

Co-occurring Disorders  
Mental and Emotional Well-being  
Mental Illnesses  
Suicide



## Measures of Progress

**8-1 A reduction in the percent of 11th graders who seriously consider attempting suicide.**

Target: 13%.

Baseline: 14% (2010).

Most Recent Data: 16% (2014).

Data Source: [Iowa Youth Survey](#), State of Iowa Report, p. 39.

**8-2 An increase in the proportion of children screened for being at risk for developmental, behavioral, and social delays using a parent-reported, standardized screening tool.**

Target: 23%.

Baseline: 19% (2007).

Most Recent Data: 34% (2011-2012).

Data Source: [Indicator 4.16, National Survey on Children's Health](#).

## What Our State Is Doing to Improve (by 2016 unless otherwise indicated)

### Co-occurring Disorders

### Lead Organizations

- |       |   |   |
|-------|---|---|
| 8-1.1 | Align the Iowa Department of Public Health's addictions service system transition with the Iowa Department of Human Services' Mental Health and Disability Services System Redesign. <sup>1</sup> | Iowa Department of Public Health and<br>Iowa Department of Human Services |
|-------|---|---|

### Mental and Emotional Well-being

### Lead Organizations

- |       |  |  |
|-------|--|--|
| 8-1.2 | Develop an infrastructure that includes the following: a) establishment of a state professional association; b) a public awareness campaign; and c) implementation of evidence-based programs and practices to improve the social, emotional, and behavioral health of young children and their families in Iowa.  | Early Childhood Iowa; Project Launch;<br>1st Five Healthy Mental Development<br>Initiative   |
| 8-1.3 | Use lessons learned from the 1st Five Healthy Mental Development Initiative to make recommendations to Early Childhood Iowa, Project Launch, and the Medical Home/Prevention and Chronic Care Management Advisory Council, for supporting a statewide partnership system of care between medical providers and community-based agencies around mental and behavioral services for children ages birth to 5. <i>(Revised from original 8-1.3)</i> | Iowa Department of Public Health; Iowa<br>Department of Human Services; Child<br>Health Specialty Clinics; Early Childhood<br>Iowa |

### Mental Illnesses

### Lead Organizations

- |       |  |                                   |
|-------|--|-----------------------------------|
| 8-1.4 | Increase access to services and supports for individuals experiencing a mental health crisis. <i>(Revised from 2014 objective 8-1.4)</i> | Iowa Department of Human Services |
|-------|--|-----------------------------------|

<sup>1</sup> In 2011, the Iowa State Legislature passed legislation requiring a regional administrative system to deliver a set of services to replace the current DHS mental health and disabilities service system by the summer of 2013.

- |       |  |                                  |
|-------|--|----------------------------------|
| 8-1.5 | Reduce jail bed usage by those who suffer from mental illness by 25%.  | Iowa Department of Corrections   |
| 8-1.6 | Decrease by 30% the number of problem gamblers committing illegal acts to finance their gambling during the past 30 days of admission to discharge. <i>(Revised from original 8-1.6)</i> | Iowa Department of Public Health |

## Suicide

## Lead Organizations

- |       |   |                          |
|-------|---|--------------------------|
| 8-1.7 | Reduce the number of suicides in the Iowa Army National Guard from the 4-year total number of 9 suicides by implementing a comprehensive resilience, risk reduction, and suicide prevention plan. | Iowa Army National Guard |
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## Other Plans Relating to Mental Health and Mental Disorders:

[Iowa Olmstead Plan for Mental Health and Disability Services: State Plan Framework \(2011 - 2015\)](#)

[Iowa Strategic Plan: Strategic Prevention Framework State Incentive Grant](#)